

Eric Monday Memorial Foundation Grant Award

Date of Award: December 29, 2014

Name of Person/Organization: Gunston Mat Club in Care Of Roy Hill

Amount: \$1500

The Eric Monday Memorial Wrestling Foundation fosters opportunities for young wrestlers who strive to develop their mind, body and spirit while raising up fellow participants. Organized around some of the best aspects of Eric Monday's legacy, the foundation seeks to recognize and promote:

- the application of perseverance and intensity to achieve excellence;
- empathy and selfless dedication in the support of teammates;
- the will to overcome personal setbacks and increased awareness of the stigma of mental health challenges;
- wrestling as a vehicle for personal success and the recruitment of a broad spectrum of people to the sport; and
- wrestling as a unique quest for developing mental and physical strength.

Among the Foundation's objectives is to provide aspiring youth and high school wrestlers greater access to clubs, clinics, camps and tournaments. In this spirit and keeping with its expressed mission, that the EMMWF Board recognize the Gunston Mat Club in care Of Coach Roy Hill. Coach Hill has been an progressive institution in Northern Virginia Wrestling for nearly 30 years. Coach Hill and the Gunston Mat Club have built an inclusive organization regardless of need that has helped young men develop towards their potential.

Through the GMC, Coach Hill has established a platform which has greatly expanded the knowledge, experience, and skill of countless wrestlers in Northern Virginia. The GMC provides off-season training opportunities for all wrestlers, at no membership cost. Primarily focusing on the international styles of wrestling, the GMC provides the members with opportunities to compete in national level tournaments. Entry Fees and transportation often provided or subsidized by Coach Hill. In addition, Coach Hill has hosted high level clinicians who provide free or low cost clinics to the GMC members and the NOVA wrestling Community.

In recognition of his tireless devotion and limitless sacrifice, The Eric Monday Memorial Wrestling Foundation is proud to provide a grant of \$1500.00 to Coach Roy Hill.

Respectfully,

Glenn Yorkdale
Board Member

Brian Monday
President